



Healthy & Learning Lifestyle

*Healthy Living Magazine:
Promoting Health in English*



Co-funded by the
Erasmus+ Programme
of the European Union

Healthy and Learning Lifestyle is funded under the Erasmus+ programme, Key Action 2:
Strategic Partnerships Call 2020 with agreement number: 2020-1-NL01-KA201-064672



Healthy Living Magazine: Promoting Health in English

SHORT DESCRIPTION

This assignment combines English as a foreign language and health education to engage pupils in creating a magazine that promotes healthy living. Pupils will improve their English language skills while researching, writing, and designing articles on various aspects of a healthy lifestyle, such as nutrition, exercise, mental well-being, and healthy habits.

PUPIL TARGET

Secondary school pupils aged 14-16, English as a foreign language learners.

REQUIERED KNOWLEDGE, SKILLS AND COMPETENCES

Basic knowledge of English grammar, vocabulary, and writing skills. Familiarity with health-related topics and a willingness to research and learn about healthy living practices.

**GROUP SIZE AND
WAY OF
EXECUTION**

Individual or small groups (2-4 pupils). The assignment is executed through research, writing, design, and compilation of the magazine.

TIMEFRAME

3-4 weeks.



FULL DESCRIPTION OF THE ASSIGNMENT

a) Introduction

Provide an overview of the assignment and its objectives. Explain the importance of promoting health through effective communication in English.

b) Research and Topic Selection

Pupils research various aspects of healthy living, such as nutrition, exercise, mental well-being, and healthy habits. They select specific topics of interest to develop articles for the magazine.

c) Article Writing and Editing

Pupils write informative and engaging articles on their chosen topics. They focus on using appropriate vocabulary, grammar, and sentence structures in English. Peer editing and teacher feedback are incorporated for revision.

d) Magazine Design and Layout

Pupils create the layout and design of the magazine using digital tools or traditional methods. They consider visual elements, fonts, and images to enhance the readability and aesthetic appeal of the magazine.

e) Compilation and Presentation

Pupils compile their articles and design into a final magazine. They present their magazines to the class, highlighting the key features, and sharing their knowledge about healthy living practices.

MATERIALS NEEDED

Access to research materials (books, articles, websites), writing materials, digital design tools or physical art supplies for magazine layout, access to printers for magazine production.

LEARNING GOALS

- Improve English language skills, including vocabulary, grammar, and writing proficiency.
- Develop research skills and knowledge about healthy living practices.
- Enhance digital or artistic design skills for magazine layout.
- Build presentation and communication skills.

SCHOOL SUBJECTS COVERED

English as a Foreign Language, Health Education.

HASHTAGS

#EnglishLanguageLearning #PromotingHealth





FOLLOW-UP ASSIGNMENT

International Health Campaign: Sharing Healthy Living Practices

DESCRIPTION OF THE ONLINE ASSIGNMENT

In this online collaborative session, secondary school pupils from different countries come together to share and discuss their magazine articles on healthy living. Building on the "Healthy Living Magazine" assignment, participants will present their articles, exchange ideas, and collaborate on creating an international health campaign that promotes healthy living practices worldwide.

ORGANISATION AND WAY OF EXECUTION

Participants will be divided into small groups comprising individuals from different countries. Using online collaboration tools, they will share their magazine articles, discuss the health practices highlighted in their articles, and explore cultural differences and similarities in promoting health. Each group will collaborate on creating a digital or physical campaign material that promotes healthy living practices and can be shared globally.

LEARNING GOALS

- Foster cross-cultural understanding and collaboration on promoting healthy living practices.
- Share knowledge and experiences related to healthy living from different cultural perspectives.
- Develop creativity and critical thinking skills in designing a health campaign.
- Enhance communication and presentation skills in an international context.





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Geseme
Medical experts.
Safety specialists.

Klare Koek.



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