



Healthy & Learning Lifestyle

*Healthy Lifestyle Exhibition:
Expressing Health through
Visual Arts*



Co-funded by the
Erasmus+ Programme
of the European Union

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Strategic Partnerships Call 2020 with agreement number: 2020-1-NL01-KA201-064672



Healthy Lifestyle Exhibition: Expressing Health through Visual Arts

SHORT DESCRIPTION

This assignment combines language and visual arts to engage pupils in expressing the concept of a healthy lifestyle through creative visual artworks. Pupils will use their artistic skills and imagination to create visual representations that convey the importance of a healthy lifestyle without involving research or writing.

PUPIL TARGET

Secondary school pupils aged 14-16.

REQUIRED KNOWLEDGE, SKILLS AND COMPETENCES

Basic understanding of language concepts and vocabulary related to health and healthy lifestyle. Familiarity with visual arts techniques and a willingness to express ideas through visual means.

**GROUP SIZE AND
WAY OF
EXECUTION**

Individual or small groups (2-4 pupils). The assignment is executed through artistic creation, critique, and exhibition.

TIMEFRAME

2-3 weeks.



FULL DESCRIPTION OF THE ASSIGNMENT

a) Introduction

Provide an overview of the assignment and its objectives. Explain the importance of promoting a healthy lifestyle through visual arts and the power of non-verbal communication.

b) Artistic Exploration

Pupils explore different visual arts techniques and styles as tools for expressing ideas. They learn about elements of art such as line, shape, color, and composition and how they can be used to convey messages related to a healthy lifestyle.

c) Artistic Creation

Pupils select a specific aspect of a healthy lifestyle (e.g., physical activity, balanced diet, mental well-being) and create a visual artwork that represents their chosen theme. They use their creativity, artistic skills, and the elements of art to convey the message effectively.

d) Critique and reflection

Pupils participate in peer critique sessions where they provide feedback on each other's artworks. They discuss the visual impact, message clarity, and effectiveness of the artistic choices. Pupils reflect on their own artwork and consider how they successfully expressed the concept of a healthy lifestyle.

e) Exhibition and Presentation

Pupils curate a physical or virtual exhibition of their artworks. They present their artworks to the class, explaining the artistic choices made, the messages conveyed, and the emotions evoked by their creations.

MATERIALS NEEDED

Art supplies based on chosen medium (e.g., paper, canvas, paints, drawing materials), exhibition space (physical or virtual), audiovisual equipment for presentation if needed.

LEARNING GOALS

- Enhance language skills through visual communication and expression.
- Develop creativity, artistic skills, and aesthetic appreciation.
- Foster critical thinking and reflection on artistic choices and message conveyance.
- Build presentation and communication skills through art appreciation and explanation.

SCHOOL SUBJECTS COVERED

Language, Visual Arts.

HASHTAGS

#HealthyLifestyleExhibition #VisualArtExpression
#PromotingHealth





FOLLOW-UP ASSIGNMENT

International Art Dialogue: Celebrating Visual Expressions of Health

DESCRIPTION OF THE ONLINE ASSIGNMENT

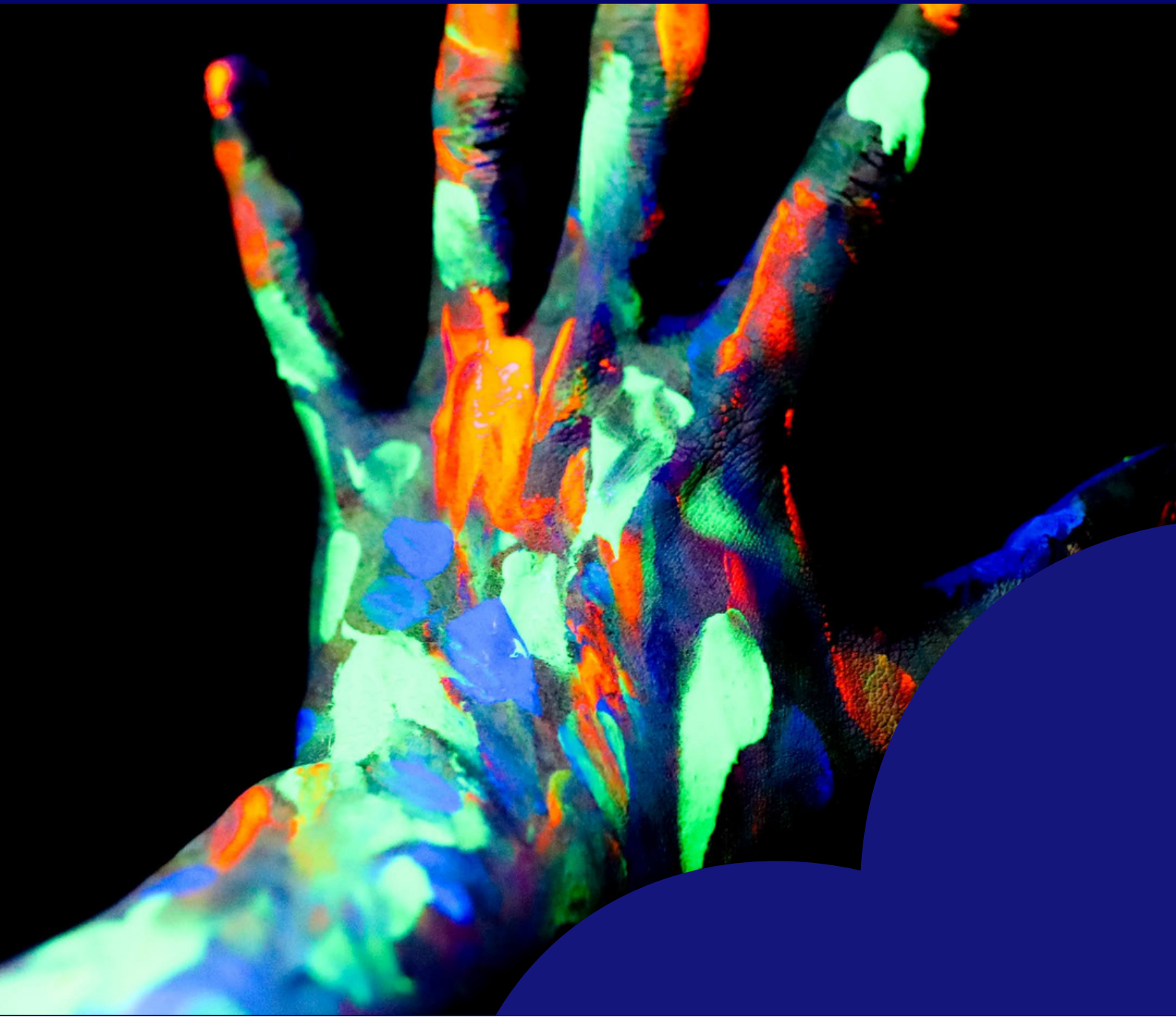
In this online collaborative session, secondary school pupils from different countries come together to share and celebrate their visual artworks created in the "Healthy Lifestyle Exhibition" assignment. Building on their artistic expressions, participants engage in a virtual art dialogue, exchange cultural perspectives, and collaborate on creating a digital gallery that showcases visual expressions of health from around the world.

ORGANISATION AND WAY OF EXECUTION

Participants will be divided into small groups comprising individuals from different countries. Using online collaboration tools, they will share images or videos of their artworks. Each group will curate a digital gallery where they display their artworks along with descriptions and reflections. Participants will explore the galleries, engage in discussions, and provide feedback on each other's visual expressions.

LEARNING GOALS

- Foster cross-cultural understanding and appreciation for visual expressions of health.
- Showcase and celebrate the diversity of artistic interpretations and cultural perspectives.
- Provide constructive feedback and insights on artistic choices and message conveyance.
- Enhance online collaboration skills and cultural sensitivity.





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Learning
Hub
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Geseme
Medical experts.
Safety specialists.

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